B.A (HONOURS)
SYLLABUS

DEPARTMENT OF PSYCHOLOGY
ASSAM WOMEN’S UNIVERSITY
ROWRIAH, JORHAT
ASSAM
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<tr>
<th>Sr.No.</th>
<th>Course Code</th>
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<td>1.</td>
<td>BPY-01</td>
<td>INTRODUCTION TO PSYCHOLOGY AS SCIENCE-I</td>
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<td>BPY-02</td>
<td>STATISTICS FOR BEHAVIOURAL SCIENCES-I</td>
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<td>INTRODUCTION TO PSYCHOLOGY AS SCIENCE-II</td>
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<td>BPY-04</td>
<td>RESEARCH METHODS IN BEHAVIOURAL SCIENCES</td>
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<td>BIOPSYCHOLOGY-I</td>
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<td>STATISTICS FOR BEHAVIOURAL SCIENCES-II</td>
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<td>BPY-07</td>
<td>THEORIES OF PERSONALITY</td>
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<td>BPY-08</td>
<td>CHILD &amp; ADOLESCENT PSYCHOLOGY</td>
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<td>BPY-10</td>
<td>RESEARCH DESIGN IN BEHAVIOURAL SCIENCES</td>
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<td>BPY-11</td>
<td>INTRODUCTION TO SOCIAL PSYCHOLOGY</td>
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<td>19.</td>
<td>BPY-12</td>
<td>PSYCHOLOGICAL TESTING: BASIC THEORETICAL FRAMEWORK</td>
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<td>BPY-15</td>
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<td>BPY-16</td>
<td>PSYCHOLOGICAL TESTING (PRACTICUM)</td>
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<td>BPY-17</td>
<td>EXPERIMENTAL PSYCHOLOGY (PRACTICUM)-I</td>
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<td>BPY-20</td>
<td>PSYCHOLOGY AND WORK</td>
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<td>29.</td>
<td>BPY-21</td>
<td>EXPERIMENTAL PSYCHOLOGY (PRACTICUM)-II</td>
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<td>30.</td>
<td>BPY-22</td>
<td>PSYCHOLOGY OF GENDER</td>
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UNIT-I: THE SCIENCE OF PSYCHOLOGY

A Brief introduction to nature of Scientific approach to understanding phenomena; Empiricism Vs Rationalism, Psychology as a Scientific Discipline, A Brief History of the various schools of Psychology and their respective approaches and influences upon the Discipline of Psychology; Structuralism, Functionalism, Gestalt School, Behaviourism, Psychoanalysis. Contemporary perspectives in Psychology: Evolutionary Perspective, Biopsychological Perspective, Cognitive Perspective, Humanistic Perspective, Contemporary specializations within Psychology: Counselling Psychology, Clinical Psychology, Social Psychology, Industrial Psychology, School Psychology, Educational Psychology.


UNIT-II: BIOLOGICAL BASIS OF BEHAVIOUR

Organisation of Nervous system: Microscopic and Macroscopic approaches, Microscopic approach: Neuron as a special type of cell, Structure & Function of Neurons, Generating the Neural message, Neurotransmitters & Synapses, Brain Imaging techniques, Macroscopic approach: CNS and PNS, CNS: Structure and working of the Brain, Plasticity & Hemispherical Specialisation, Hormones and their effect on behaviour.

UNIT-III: SENSATION, ATTENTION & PERCEPTION

Sensation, Sensory receptors, Habituation & Adaptation, Functional structure of the eye and the ears, Perceptual processing, Role of attention in perception, Perceptual organization, Perceptual sets, Perceptual constancies, depth perception, distance and movement; Illusions.

UNIT-IV: LEARNING

Principles of Learning; Classical Conditioning and Operant Conditioning, Conditioned Emotional Responses, Schedules of Reinforcement, Cognitive theories of Learning, Observational Learning.

RECOMMENDED TEXTS:

UNIT-I: DATA BASICS
Introduction and Basic terminologies: Variables, Values and Scores, Levels of measurement (kinds of Variables), Frequency Tables: Ungrouped and Grouped Data, Frequency Graphs: Histograms and Polygons, Shape of Frequency Distribution: Unimodal and Bimodal, Symmetrical and Skewed Distribution

UNIT-II: MEASURES OF CENTRAL TENDENCY
Importance of Measures of Central Tendency in describing the nature of the Data, Calculation of the measures of Central Tendency, Assumed Mean Method for Grouped Data, Comparison of Mean, Median and Mode

UNIT-III: MEASURES OF VARIABILITY
Variability: The Spread of Data, Measures of Variability; Range, Quartile Deviations, Standard Deviation, The Shape of Data, Box plots and Inter Quartile Range, Centre of Data and Effects of Extreme Values, When to use the various measures of Variability

UNIT-IV: PROBABILITY AND NORMAL DISTRIBUTION

UNIT-V: CORRELATION
The Meaning of Correlation; Historical Perspective; The Scatter plot of Bivariate Distributions; Correlation: A Matter of Direction; Correlation: A Matter of Degree; The Coefficient of Correlation; Calculating Pearson’s Correlation Coefficient from Deviation Scores; Calculating Pearson’s Correlation Coefficient from Raw Scores; Spearman’s Rank-Order Correlation Coefficient; Correlation and Causation; The Effects of Score Transformations; Cautions Concerning Correlation Coefficients.

RECOMMENDED TEXT:
CREDIT HOURS: 04

UNIT-I: CONSCIOUSNESS, SLEEP, DREAMS AND HYPNOSIS:

Consciousness and Altered States, Sleep; stages and Theories, Sleep Disorders, Dreams, Hypnosis; Steps in Hypnotic Induction.

UNIT-II: MOTIVATION AND EMOTION:

Approaches to Understanding Motivation; Instinct Approaches, Drive-Reduction Approaches, Arousal Approaches, Incentive Approaches, Humanistic Approaches, Self-Determination Theory, Physiological Components of Hunger, Classic Theories of Emotions, Cognitive Theories of Emotions.

UNIT-III: STRESS AND HEALTH:

Definition of Stress, Primary and Secondary Appraisal, Factors in Stress Reaction, Coping with Stress.

UNIT-IV: SEXUALITY AND GENDER:

Primary and Secondary Sex Characteristics, Gender Roles and Gender Typing, Theories of Gender Role Development, Gender Stereotyping.

RECOMMENDED TEXTS:

CREDIT HOURS: 04

UNIT-I: INTRODUCTION TO SCIENTIFIC RESEARCH IN PSYCHOLOGY
The Science of Psychology, Science in Context; The Historical, Socio-cultural and the Moral context, the Scientific and every day approaches to knowledge, Steps of a Research Process,

UNIT-II: THE SCIENTIFIC METHOD
Goals of Scientific Research; Description, Prediction, Explanation, Application, The Scientific method; Observation, Reporting, Concepts, Instruments, Measurements, Hypotheses, Types of study; Quantitative Vs Qualitative studies, Brief overview of various experimental & non-experimental research designs

UNIT-III: DESCRIPTIVE METHODS
Observation: sampling behaviour, classification of observational methods, recording & analysing observational data, Archival Research, Case Studies, Theory Development and Testing in Observational and Archival Research

Survey Research; Use of survey methods, Sampling techniques, Survey-research design, Designing a Questionnaire, Methods of Administration

UNIT-IV: ETHICS IN RESEARCH
Moral foundations of research; Weighing risks against benefits, Acting responsibly with integrity, Seeking justice, Unavoidable ethical conflicts, From moral principles to ethical codes: Historical overview, APA Ethic Code, Informed Consent, Debriefing, Putting ethics into practice

RECOMMENDED TEXTS:
SEMESTER-III
UNIT-I: THE BIOLOGICAL APPROACH
What is Biopsychology, Relationship between Biopsychology and other Disciplines of Neuroscience, Brief History of Brain Research, Genetics and Behaviour, Interaction of Genetics and Experience in shaping Behaviour, Use of Animals in Research

UNIT-II: NEURONS AND ACTION POTENTIALS

UNIT-III: COMMUNICATION AT THE SYMPLAE
The properties of the Synapse; Temporal Summation, Spatial Summation, Inhibitory Synapses, Relationship between EPSP, IPSP, and Action Potential.

Chemical Events at the Synapse, Types of Neurotransmitters
Synapses, Drugs, and Addictions.

UNIT-IV: MACROSCOPIC VIEW OF THE NERVOUS SYSTEM
The CNS and the PNS, the Spinal Cord, the Cortex, Autonomic & Somatic Nervous System.

Research Methods, Brain Imaging Techniques.

UNIT-V: BRAIN DEVELOPMENT AND PLASTICITY
Development of the Brain, Differentiation of the Cortex, Brain Development and Behavioural Development, Brain Damage and Recovery

RECOMMENDED TEXTS:
UNIT-I: STANDARDISED SCORE AND DISTRIBUTION OF SAMPLE MEAN

Using Z-score to standardise a Distribution, Other Standardised Distribution based on Z-scores, Probability and Normal Distribution, Proportion of scores under a normal distribution by use of Unit Normal Table, Binomial Distribution, The Distribution of Sample Means, Probability and Distribution of Sample Means, Standard Error

UNIT-II: INTRODUCTION TO HYPOTHESIS TESTING

The Logic of Hypothesis Testing, Uncertainty and Error in Hypothesis Testing, Directional Hypothesis Tests, Measuring Effect Size, statistical Power

UNIT-III: INTRODUCTION TO t-STATISTICS

The t statistics: An alternative to Z, Hypothesis tests with t statistics, t statistics for an Independent-Measure Research Design, t statistics for a Repeated-Measure Research Design, Uses and assumptions for Independent and Repeated Measure t tests.

UNIT-IV: INTRODUCTION TO ANALYSIS OF VARIANCE

The Logic of ANOVA, ANOVA Notations and Formulas, the Distribution of F-ratios, Relationship between ANOVA and t tests, Repeated Measures Analysis of Variance: Brief Overview.

RECOMMENDED TEXTS:


BPY-07: THEORIES OF PERSONALITY
UNIT-I: CLASSICAL PSYCHODYNAMIC THEORIES OF PERSONALITY
Sigmund Freud’s Classical Psychoanalytic Theory, Carl Jung’s Analytic Theory

UNIT-II: NEO-FREUDIAN THEORIES OF PERSONALITY
Alfred Adler, Eric Fromm, Karen Horney, Harry stack Sullivan

UNIT-III: CONTEMPORARY THEORIES OF PSYCHOLOGY
Erikson’s Psychosocial Theory of Personality Development, Henry Murray’s Personology, Gordon Allport, Carl Roger’s Person Centred Theory

RECOMMENDED TEXTS:
UNIT-I: INTRODUCTION TO DEVELOPMENTAL PSYCHOLOGY
Understanding Development as distinct from Physical Growth and Maturation; A brief review of Developmental stages from Historical Perspective; Research Strategies: Basic Methods And Designs; Themes in the Study of Human Development: Nature/Nurture, Active/Passive, continuity/Discontinuity; Development in Indian Context

UNIT-II: STAGES OF DEVELOPMENT
Prenatal development; Birth and Infancy; Early childhood; Middle Childhood ; Adolescence

UNIT-III: DOMAINS OF DEVELOPMENT
Cognitive development: perspectives of Piaget Stage theory and Vygotsky’s Sociocultural Perspective; Stages of Language Development; Emotional development Temperament and Attachment Development of the Self Concept: Self Esteem and Achievement Motivation and Academic Self Concept; The Concept of Self in Middle Childhood and Adolescence: Cultural Influences; Sex Differences and Gender role Development; Aggression, altruism and Moral development

UNIT-IV: CONTEXT FOR DEVELOPMENT
Family and parenting; Peers; Media; Schooling; Socio-cultural context

RECOMMENDED TEXTS:

SEMESTER-IV
UNIT-I: VISUAL SYSTEMS:
Visual coding, the Primary visual Cortex, Retinotopic Organisation; The M and P Pathways, Seeing Edges, Seeing Colour, Perceiving Movement.

UNIT-II: BIOLOGY OF EMOTION:
Brain Areas associated with Emotions, The function of Emotions, Emotions and the Nervous system, Attack and Escape Behaviour, Stress and Health

UNIT-III: LEARNING AND MEMORY:

UNIT-IV: LATERALIZATION, LANGUAGE AND CONSCIOUSNESS:
Lateralization of functions, Evolution and Physiology of Language, Conscious and Unconscious processes in Attention.

RECOMMENDED TEXTS:
UNIT-I: EXPERIMENTAL METHODS
Factorial Design, Main Effects & Interaction Effects

UNIT-II: QUASI-EXPERIMENTAL DESIGN

UNIT-III: COMMUNICATION IN PSYCHOLOGY
Introduction, Guidelines for Effective Writing, Structure of a Research Report

RECOMMENDED TEXTS:

UNIT-I: BASIC FRAMEWORK OF SOCIAL PSYCHOLOGY


UNIT-II: UNDERSTANDING AND EVALUATING THE SOCIAL WORLD
Social cognition: Schemas and Heuristics, Potential Sources of Error in Social Cognition, Attitude Formation, The fine art of Persuasion, Cognitive Dissonance

UNIT-III: ASPECTS OF SOCIAL INTERACTION AND INFLUENCE

RECOMMENDED TEXTS:

CREDIT HOURS: 04

UNIT-I: INTRODUCTION TO PSYCHOLOGICAL TESTING:

Brief History of Psychological Testing; The Brass Instrument Era, Binet and the Changing Conception of Mental Retardation, Early Testing Conditions.

UNIT-II: TESTS AND THE TESTING PROCESS:

Definition of a Test, Types of Tests, Uses of Testing, Standardised Procedures in Test Administration, Desirable Procedures of Test Administration, Influence of the Examiner, Background and Motivation of the Examiner.

UNIT-III: NORMS AND RELIABILITY:

Essential Statistical Concepts, Raw Score Transformation, Selecting Norm Group, Criterion Referenced Tests,

Concept of Reliability, Classical Test Theory, Measurement Error and Reliability, The Reliability Coefficient, The Correlation Coefficient, Reliability as Temporal Stability, Reliability as Internal Consistency, Item Response Theory, Reliability and the Standard Error of measurement

UNIT-IV: VALIDITY AND TEST DEVELOPMENT:

Types of Validity: Content Validity, Construct Validity, Criteria Related Validity,

Test Construction: Selecting a Scaling Method, Constructing the Items, Testing the Items, Revision, Publication of Test.

RECOMMENDED TEXTS:

UNIT-I: THE ORIGINS OF COGNITIVE PSYCHOLOGY

Early Thoughts on Thinking; Renaissance and Beyond, Introspectionism, Behaviourism, Gestalt Psychology. The Birth of modern Cognitive Psychology. The computer analogy, using human information processing as a scientific theory. Nativism and Nomotheism, Parallel Distributed Processing, Connectionism, Cognitive Neuropsychology, Cognitive Neuroscience.

UNIT-II: PERCEPTION AND ATTENTION:

Sensation and Perception: illusion, previous knowledge, Sensory-Brain predisposition. Perceptual span and Sensory Store; Iconic and Echoic storage, Function of Sensory Store.

Selective Nature of Attention; Cocktail Party Effect, Broadbent’s Filter Model, Problem with Early Selection, Treisman’s Attenuation Model, Late Selection theories, Resource Models of Attention, Automaticity.

UNIT-III: PATERN RECOGNITION:

Perceptual Theories; Constructivists Vs Direct Perception, Visual Pattern Recognition, Gestalt Theory, Canonic Perspective, Bottom-Up and Top-Down Processing, Template Matching, Geon Theory, Feature Analysis, Prototype Matching.

UNIT-IV: MEMORY: STRUCTURE AND PROCESSES:

Short Term Memory; Serial Position Curve, Recency and STM capacity, Longterm Recency; Constant ratio rule, Drugs and STM, Amnesia and Recency effects

Long Term Memory, Three Component model of LTM, Amnesia and Episodic-Semantic Distinction, Declarative Vs Procedural Memory, Implicit and Explicit Memory.

Models of Memory; Waugh & Norman, Atkinson & Shiffrin, Levels of Recall, Levels of Processing, Connectionist’s model of memory.

REFERENCE:

UNIT-I: ELEMENTS OF MALADAPTIVE BEHAVIOUR
Range of Abnormal Behaviour: Historical perspectives to Current Concepts; Seeking Help For Abnormal Behaviour; Theoretical Perspectives: Biological, Psychodynamic, Behavioural, Cognitive, Humanistic-Existential Perspective; The Community-Cultural Perspective; Classification and Assessment

UNIT-II: ANXIETY DISORDERS AND DISSOCIATIVE DISORDER
Panic disorders & agoraphobia: Specific phobias, Social phobia; Generalized anxiety disorder; Obsessive Compulsive Disorders; Dissociative Amnesia, Dissociative Identity Disorder

UNIT-III: DEVELOPMENTAL DISORDERS
Mental Retardation; Autism; ADHD; Learning Disabilities

UNIT-IV: PERSONALITY DISORDER
Types of Personality Disorder; Onset, Symptoms and Prevalence; Diatheses-Stress Model; Trait Model

RECOMMENDED TEXTS:
UNIT-I: FOUNDATIONS OF COUNSELLING
History and Trends in Counselling; Personal and Professional Aspects of Counselling; Ethical and Legal Aspects of Counselling; Counselling in a Multicultural Society

UNIT-II: THE COUNSELLING PROCESS
Building Counselling Relationship; Working in a Counseling Relationship: Initial Interview, Assessment; Termination of Counselling Relationship

UNIT-III: COUNSELLING THEORIES AND TECHNIQUES
Individual Counselling Theory and Techniques: Psychoanalytic, Humanistic, Behavioural, Cognitive Approaches; Group Techniques; Counselling and Technology

UNIT-IV: DIVERSE FIELD OF APPLICATION
Career Counselling; Marriage and Family Counseling; School Counselling; Abuse and Disability Counselling; Mental Health and Community Counselling; Workplace Counselling

RECOMMENDED TEXTS:

UNIT-I: INTELLIGENCE TESTING (Any Two)

1. Catell’s Culture Fair Test of Intelligence; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing
2. Wescheler’s Adult Intelligence Scale-IV; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing
3. Bhatia’s Battery of Performance Test of Intelligence; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing

UNIT-II: PERSONALITY TESTING

1. Catell’s 16 Personality Factor Test of Personality; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing
2. Eysenck Personality Questionnaire; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing

UNIT-III: APTITUDE TESTING:

1. Differential Aptitude Test; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing
2. David’s Battery of Differential Ability; Brief overview of test related information, Administration, Scoring, Interpretation, Report Writing

RECOMMENDED TEXTS:

List of Experiments (Any Six):

1. To determine the Point of Subjective Equality using Muller-Lyer Apparatus
2. To study the interference of Automaticity using Stroop Effect.
3. To study Reaction Time using Donder’s Information Processing model
4. Effect of Practice on Learning using Maze Board
5. Bilateral Transfer of Learning using Mirror Drawing Apparatus
6. Finger Dexterity Test
7. Effect of mind set on Perception using ambiguous stimuli
8. Influence of negative framing on sentence picture verification.

RECOMMENDED TEXTS:

SEMESTER-VI
UNIT-I: MENTAL IMAGERY:
The Representation of Knowledge, Knowledge as Proposition, Imagery as an Experimental Variable, The Dual Coding Hypothesis, Arguments against Mental Imagery, Imagery and Perception, Neuropsychological Evidence for Mental Imagery.

UNIT-II: LANGUAGE AND COGNITION:
Speech Recognition, Word Recognition and Reading, Comprehension, Speaking and thinking

UNIT-III: THINKING, REASONING AND PROBLEM SOLVING:
Concept Formation, Logic, Inference and Deductive Reasoning, Syllogistic Reasoning, Decision Making

Problem Solving: States, Goals, and Operators, Heuristics, Analogy, Games and Expertise, Creativity, Human Intelligence.

RECOMMENDED TEXTS:
UNIT-I: SCHIZOPHRENIA
Clinical Description; Schizophrenia subtypes; Causes: Biological dimensions, Psychological and Social Contributions; Prognosis

UNIT-II: MOOD DISORDER
Clinical Descriptions of Mood Disorders; Depressive Disorders; Bipolar Disorders; Causes of Mood disorder; Treatment

UNIT-III: DIATHESIS-STRESS MODEL
The Impact of Stress on Physiological Parameters (Coronary Heart Disease and Essential Hypertension); Substance-Related Disorder

UNIT-IV: INTERVENTION AND MANAGEMENT
Biological; Psychoanalytic; Cognitive-Behavioural

RECOMMENDED TEXTS:

UNIT I: INTRODUCTION TO BASIC FRAMEWORK OF INDUSTRIAL PSYCHOLOGY
Brief History of I/O Psychology, Pioneers in Personnel Selection: The Hawthorne Studies and Motivational Issue, Current Status of I/O Psychology, I/O Psychology in the Indian Context

UNIT-II: DEVELOPMENT OF HUMAN RESOURCES
Employee Selection Principles and Techniques, Fair Employment Practices, Job Analysis, Biographical Information, Interviews: Structured and Situational, Performance Appraisal

UNIT-III: MOTIVATION, JOB SATISFACTION & JOB INVOLVEMENT
Content Theories of Motivation, Process Theories of Motivation, Job Satisfaction and On the Job Behaviour, Motivation, Job Satisfaction and Pay, Job Involvement and Organisational Involvement, Leadership Styles.

UNIT-IV: THE ORGANISATION OF ORGANISATION
Bureaucracy: The Classic Organizational Style, Participatory Democracy: The Modern Organization Style, Quality of Work, Life Programs, Socialization of New Employees, Organizational Culture, Person-Organization Fit, Informal Groups: Organization within Organization, Labour Unions

RECOMENDED TEXTS:
List of Experiments (Any Six):
1. Release from Proactive Inhibition in STM as a function of Semantic Similarity of material
2. Model of memory: Levels of Processing Framework in Episodic Memory
3. To Study the effect of motivated forgetting using Complete and Incomplete Tasks
4. To study the role of Organisation on memory using organised and unorganised List
5. Judgement of Emotions using photographs
6. Lexical Decision Tasks
7. To Study Conformity using Solomon Asch’s Framework
8. Study the Reconstructive nature of memory using Elizabeth Loftus’ framework

RECCOMENDED TEXTS:

UNIT-I: INTRODUCTION TO PSYCHOLOGY OF GENDER

The Sex-gender categorization; Salience of Gender; Definition of key terms; Designs of Gender Research; Challenges of Gender Research

UNIT-II: PERSPECTIVES IN PSYCHOLOGY OF GENDER

Gender Role Attitudes and Stereotypes; Observations of Sex Comparison- Cognitive domain, Social domain, Moral domain; Theories of Sex Comparison- Biological Theories, Social Learning Theory, Cognitive Development Theory; Gender Schema Theory

UNIT-III: GENDER AND ITS PSYCHOSOCIAL COMPONENTS

Conception of Self- Self-Confidence & Self-Esteem; Achievement and Attribution; Interactive and Leadership Styles; Emotions; Marital Relationships, Role Differentiation; Parenting; Gender and Mental Health

RECOMMENDED TEXTS: